

Together We Can Fight the Spread of COVID-19

STAY HOME:

Coronavirus is a contagious virus. It is time to stay at home. Do not put yourself nor your loved ones in danger.

Stay informed and follow the expert health update and advice on: <https://www.health.nsw.gov.au/>

Call the National Coronavirus Health Information Line for information about COVID-19 on [1800 020 080](tel:1800020080).

If you sick and need urgent medical assistance, please call 000.

If you need to see a GP, please call your regular GP who can provide a medical consultation over the phone. GP telephone consultations are available

Translating and interpreting services are available on [131 450](tel:131450).

GET Tested:

- If you have any [COVID-19 symptoms](#), even if only mild
- If you have visited a place or travelled on public transport at the same time as a [confirmed COVID-19 case](#)
- If you have been at an [interstate COVID-19 case location](#) during a specific time period
- If you have been in contact with a person (including family, friends and people you live or work with) who
 - is confirmed to be infected with COVID-19 or
 - is a close contact of someone confirmed to be infected with COVID-19

A positive test result means you have COVID-19.

Your doctor or the public health unit will provide you with advice.

The local public health unit will also contact you to interview you and identify your close contacts.

If the test is negative, it means you do not have COVID 19.

Information about testing centre near you:

<https://www.nsw.gov.au/covid-19/health-and-wellbeing/clinics>

GET Vaccinated:

The COVID-19 vaccines are safe and effective. When it is your turn, we encourage you to get vaccinated as soon as possible.

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Booking your COVID-19 vaccination appointment

Check your eligibility through <https://covid-vaccine.healthdirect.gov.au/eligibility?lang=en>

If you are eligible, book your vaccination appointment at your nearest NSW Health vaccination site or GP. If you are not eligible, you will be able to register for notifications when the vaccine is available to you.

Vaccination Hub:

Find your nearest coronavirus Vaccination Hub near you:

<https://covid-vaccine.healthdirect.gov.au/booking/search-results?userSuburb=%7B%22id%22:%22sydney:2000%22,%22centroid%22:%7B%22latitude%22:%22-33.8697%22,%22longitude%22:%22151.2099%22%7D,%22code%22:%222000%22,%22label%22:%22SYDNEY%22,%22state%22:%7B%22idRef%22:%22nhsd:%2Freference%2Fgeo%2FAUS.states%2FNsw%22,%22label%22:%22NSW%22%7D%7D&sid=ef63b616ec692e20238f7afd0926586b79c14c4e&page=1&sortByEarliest=false&offering=Pf&mcare=false&age=45&isVaccinated=false>

Call national coronavirus and COVID-19 Vaccine helpline on 1800 020 080 (24/7)

[Translating and interpreting](#) services are available on [131 450](#)

Mental wellbeing resources

- For free 24/7 Coronavirus Mental Wellbeing Support service call beyond Blue and speak to a trained counsellor on 1800 512 348.

[Translating and interpreting](#) services are available on [131 450](#).

For Urgent mental health help: Contact Lifeline on 13 11 14 or Kids Helpline 1800 55 1800.

Financial Assistance:

You may be eligible for a Disaster Payment if you have missed work because of the current restrictions. Contact Services Australia for eligibility [HERE](#)

This information about COVID-19 is put together by HOST International with key messages from NSW Health.